

SARA ALLEN

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Presentation Topics:

- **Medical Education:
Lifelong learning and
opportunities**
- **Not just kale and kom-bay-
ya: practical strategies to
improve wellbeing in the
workplace**



41st Annual Scientific
Meeting
21-23 November 2024
Te Pae Convention Centre
Christchurch, New Zealand

Visit: www.anzcp.org

Dr Sara Allen works at Auckland City Hospital as an Intensivist and Cardiothoracic Anaesthetist and is the Service Clinical Director for the Department of Cardiothoracic and ORL Anaesthesia and Operating Rooms, and the Director of Perioperative Echocardiography.

Dr Allen has interests in echocardiography and mechanical circulatory and respiratory support, and welfare, training and education within intensive care and anaesthesia.

Sara is a founding member and currently Co-Chair of the College of Intensive Care Medicine Welfare Special Interest Group, and has completed a Masters of Medical Education at Cambridge University, and is a current Examiner for the College of Intensive Care Medicine.